INTRODUCTION

• Substance use disorder (SUD) is a behavioral health disorder with negative impacts on both mental and physical health.
• 61.2 million Americans have a mental illness and/or SUD.
• In 2018, 1.96 million adults with mental illness in Texas did not receive treatment.

Mental Health Providers

<table>
<thead>
<tr>
<th>Year</th>
<th>Texas</th>
<th>United States</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>105.9</td>
<td>234.7</td>
</tr>
<tr>
<td>2019</td>
<td>111.8</td>
<td>247.4</td>
</tr>
<tr>
<td>2020</td>
<td>123.7</td>
<td>268.6</td>
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</tbody>
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* Per 100,000 population

BACKGROUND

• Improving behavioral health integration (BHI) into primary care that incorporates SUD services can increase access to care within the Golden Crescent region of Texas.
• Focus Groups have been conducted with healthcare workers in the region describing the issues, environment, and ways to improve care and resources.

OBJECTIVE

• Understanding the current levels from healthcare workers to then supply the resources to develop primary care BHI to increase screening, treatment, and recovery for persons with SUD in the golden crescent region.

Introducing the resources available within primary healthcare facilities, healthcare providers will have the ability to better identify and treat patients with substance use disorder.

METHODS

• Research team will conduct a telephone and/or electronic survey using the Integrated Practice Assessment Tool (IPAT).
• IPAT will be able to differentiate which of 6 levels of BHI a primary care facility is currently providing.

DISCUSSION

• 6 Levels of BHI include:
  1) minimal collaboration, 2) basic collaboration at a distance, 3) basic collaboration onsite, 4) close collaboration onsite with some systems integration, 5) close collaboration approaching integrated practice, 6) full collaboration in a transformed integrated practice.

RESULTS

• Improving BHI within primary care facilities, providers can provide treatment and recovery options.

REFERENCES

• Rocky Mountain Poison & Drug Safety, RADARS® System Survey of Non-Medical Use of Prescription Drugs Program, 2020